




































# TARTTS DAY CARE CENTER MENU



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Milk	Milk	Milk	Milk	Milk	Milk
	Bread/Grain Choices Toddler / Preschool Only	Kix / Rice Crispies Special K (Contains Dairy)  Raisin Bran	Kix / Rice Crispies Special K (Contains Dairy)  Raisin Bran	Kix / Rice Crispies Special K (Contains Dairy)  Raisin Bran	Kix / Rice Crispies Special K (Contains Dairy)  Raisin Bran	Kix / Rice Crispies Special K (Contains Dairy)  Raisin Bran
<b>LUNCH</b>	Meat/Protein	Grilled BBQ Chicken Strips   	Mac & Cheese w/ Chicken & Broccoli   	Tomato Vegetable Soup   	Chicken Parmesan   	Pizza   
	Vegetable	Jasmine Rice	Broccoli	Mixed Vegetables (mixed in with Soup)	Green Beans	Mixed Vegetables
	Bread/Grain	*Wheat Rolls  	*Wheat Rolls  	*Wheat Rolls  	*Wheat Rolls  	*Pizza Crust   
	Fruit	Sliced Peaches	Applesauce	Yogurt Plain, Blueberry, Strawberry (Varied Availability) 	Mixed Fruit	Applesauce
	Other Foods					
	Milk	Milk	Milk	Milk	Milk	Milk
<b>PM SNACK</b>	Daily Snacks Served (Based on availability)	Sliced Peaches	Applesauce	Yogurt Plain, Blueberry, Strawberry (Varied Availability) 	Mixed Fruit	Applesauce
		Water	Water	Water	Water	Water
	*Items Contain Soy	Dear Parents, All vendor kitchens are certified through the City of Boston's Allergen Awareness program. No peanut oil or tree nuts are used in the preparation of any of our lunch items. While our centers endeavor to create a nut free environment for your children, meals are prepared in a kitchen that use peanuts and tree nuts in "outside menu" items. Therefore, Tartts <u>cannot</u> guarantee the above menu items are 100% nut free. Please inform us of any allergies.				



MILK



WHEAT



EGGS



SOY



FISH