



TARTTS DAY CARE CENTER MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
BREAKFAST	Milk Bread/Grain Choices Toddler / Preschool Only	Milk Kix / Rice Crispies Special K (Contains Dairy) Raisin Bran	Milk Kix / Rice Crispies Special K (Contains Dairy) Raisin Bran	Milk Kix / Rice Crispies Special K (Contains Dairy) Raisin Bran	Milk Kix / Rice Crispies Special K (Contains Dairy) Raisin Bran	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
LUNCH	Meat/Protein Vegetable Bread/Grain Fruit Other Foods Milk	Turkey Hot Dogs Sweet Potato Fries *Wheat Hot Dog Bun Applesauce Milk	Chop Suey Mixed Vegetables *Wheat Rolls Sliced Peaches Milk	Beef Barley Soup Mixed Vegetables (mixed in soup) *Wheat Rolls Yogurt Plain, Blueberry, Strawberry, Peach (Varied Availability) Milk	Mac & Cheese Green Beans *Wheat Rolls Mixed Fruit Milk	Turkey Meatballs & Penne Pasta Mixed Vegetables *Wheat Rolls Applesauce Milk
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
PM SNACK	Daily Snacks Served (Based on availability)	Applesauce	Sliced Peaches	Yogurt Plain, Blueberry, Strawberry, Peach (Varied Availability)	Mixed Fruit	
	Water	Water	Water	Water	Water	
*Items Contain Soy	<p><i>Dear Parents, All vendor kitchens are certified through the City of Boston's Allergen Awareness program. No peanut oil or tree nuts are used in the preparation of any of our lunch items. While our centers endeavor to create a nut free environment for your children, meals are prepared in a kitchen that use peanuts and tree nuts in "outside menu" items. Therefore, Tartts <u>cannot</u> guarantee the above menu items are 100% nut free. Please inform us of any allergies.</i></p> <p>CONSUMER ADVISORY STATEMENT: Consuming raw or undercooked items may increase your risk of foodborne illness</p>					



MILK



WHEAT



EGGS



SOY



FISH