




















Breakfast*

- Milk
 Kix
 Rice Krispies
 Special K
 Raisin Bran
 *Based on stock and availability (Toddlers & preschoolers only)

Lunch

		ENTRÉE INGREDIENTS	ALLERGENS
MONDAY	 <p>CHICKEN PARMESAN</p> <ul style="list-style-type: none"> <input type="radio"/> Mixed Vegetables <input type="radio"/> Wheat Roll <input type="radio"/> Milk 	Chicken patty (white meat chicken, breadcrumbs, egg and spices) pizza sauce, mozzarella cheese and frozen green beans.	Soy, Dairy, Wheat & Egg    
TUESDAY	 <p>SPINACH RAVIOLI</p> <ul style="list-style-type: none"> <input type="radio"/> Spinach <input type="radio"/> Wheat Roll <input type="radio"/> Milk 	Ravioli made of wheat lightly salted, butter filled with spinach and ricotta.	Soy & Dairy  
WEDNESDAY	 <p>TURKEY SLIDER WITH SWEET POTATO FRIES</p> <ul style="list-style-type: none"> <input type="radio"/> Wheat Burger Bun <input type="radio"/> Milk 	Ground turkey, and spices, sweet potatoes.	Dairy & Wheat  
THURSDAY	 <p>BEEF SLOPPY JOES</p> <ul style="list-style-type: none"> <input type="radio"/> Green Beans <input type="radio"/> Wheat Burger Bun <input type="radio"/> Milk 	Ground beef, tomato sauce, onions and peppers, frozen green beans.	Soy, Dairy & Wheat   
FRIDAY	 <p>ASIAN STYLE CHICKEN JASMINE RICE</p> <ul style="list-style-type: none"> <input type="radio"/> Carrots <input type="radio"/> Wheat Roll <input type="radio"/> Milk 	Chicken thighs, Teriyaki sauce (soy sauce, wheat, lightly salted, onion powder and garlic powder), Jasmine rice.	Soy, Dairy & Wheat   

Lunch Desserts & Afternoon Snack options*

- Applesauce
 Yogurt
 Water
 Sliced Peaches
 Mixed Fruit

*Based on stock and availability

Dear Parents,

All vendor kitchens are certified through the City of Boston's Allergen Awareness Program. No peanut oil or tree nuts are used in the preparation of any of our lunch items. While our centers endeavor to create a nut free environment for your children, meals are prepared in a kitchen that use tree nuts in "outside menu" items. Therefore, TARTTs cannot guarantee the above menu items are 100% nut free. Please inform us of any Allergies.

ADDITIONAL MENU NOTIFICATIONS

Whole Grain Snacks are often used to supplement Fruit, Applesauce and Yogurt menu items for children. Items can include: Goldfish Crackers, Cheezits, Goldfish Graham Crackers, Teddy Grahams. (Varied Availability).