

Breakfast*

- Milk
 Kix
 Rice Krispies
 Special K
 Raisin Bran
 *Based on stock and availability (Toddlers & preschoolers only)

Lunch

		ENTRÉE INGREDIENTS	ALLERGENS
MONDAY		CHICKEN SAZON <input type="radio"/> White Rice <input type="radio"/> Wheat Roll <input type="radio"/> Milk	Chicken thighs, tomato sauce, Adobo seasoning (lightly salted, black pepper, garlic, oregano and other spices) Jasmine rice and mixed frozen vegetables. Soy, Dairy & Wheat 
TUESDAY		BEEF AMERICAN CHOP SUEY <input type="radio"/> Mixed Vegetables <input type="radio"/> Wheat Roll <input type="radio"/> Milk	Ground beef, onions, peppers, celery and marinara sauce, mixed frozen vegetables. Soy, Dairy & Wheat 
WEDNESDAY		BAKED CHICKEN WITH MASH POTATOES <input type="radio"/> Mixed Vegetables <input type="radio"/> Wheat Roll <input type="radio"/> Milk	Chicken thighs, seasonings, potatoes, butter and lightly salted. Dairy & Wheat 
THURSDAY		MAC & CHEESE <input type="radio"/> Green Beans <input type="radio"/> Wheat Roll <input type="radio"/> Milk	Cheese sauce (Cheddar cheese, milk, lightly salted and pepper) and elbow noodles. Soy, Dairy & Wheat 
FRIDAY		BEEF MEATBALLS W/ PENNE <input type="radio"/> Mixed Vegetables <input type="radio"/> Wheat Roll <input type="radio"/> Milk (Pasta cannot be separated from Entrée (mixed))	Ground beef, breadcrumbs, and seasonings with penne pasta and mixed frozen vegetables. Soy, Dairy & Wheat 

Lunch Desserts & Afternoon Snack options*

- Applesauce
 Yogurt
 Water
 Sliced Peaches
 Mixed Fruit

*Based on stock and availability

ADDITIONAL MENU NOTIFICATIONS

Whole Grain Snacks are often used to supplement Fruit, Applesauce and Yogurt menu items for children. Items can include: Goldfish Crackers, Cheezits, Goldfish Graham Crackers, Teddy Grahams. (Varied Availability).

Dear Parents,

All vendor kitchens are certified through the City of Boston's Allergen Awareness Program. No peanut oil or tree nuts are used in the preparation of any of our lunch items. While our centers endeavor to create a nut free environment for your children, meals are prepared in a kitchen that use tree nuts in "outside menu" items. Therefore, TARTTs cannot guarantee the above menu items are 100% nut free. Please inform us of any Allergies.