



# TARTTS DAY CARE CENTER MENU



#2

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Milk	Milk	Milk	Milk	Milk	Milk
	Bread/Grain Choices	Kix / Rice Crispies Special K (Contains Dairy)	Kix / Rice Crispies Special K (Contains Dairy)	Kix / Rice Crispies Special K (Contains Dairy)	Kix / Rice Crispies Special K (Contains Dairy)	Kix / Rice Crispies Special K (Contains Dairy)
Toddler / Preschool Only		Raisin Bran	Raisin Bran	Raisin Bran	Raisin Bran	Raisin Bran
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH	Meat/Protein	Vegetable Lasagna	Chicken Broccoli & Ziti	Creamy Tomato Soup w/ Elbows	Ragu (Meat) Sauce w/ Penne Pasta	Chicken Nuggets w/ Vegetable Rice Pilaf
	Vegetable	Green Beans	Broccoli (mixed in with pasta and protein)	Broccoli (inside soup)	Green Beans	Mixed Vegetables (Mixed inside entree)
	Bread/Grain	Wheat Roll	Wheat Roll	Wheat Roll	Wheat Roll	Wheat Roll
	Fruit	Applesauce	Sliced Peaches	Bananas	Mixed Fruit	Applesauce
	Other Foods					
	Milk	Milk	Milk	Milk	Milk	Milk
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PM SNACK	Daily Snacks Served (Based on availability)	Applesauce	Sliced Peaches	Bananas Whole Grain Snacks: Goldfish Crackers, Cheezit, Goldfish Grahams, Animal Crackers (Varied Availability)	Mixed Fruit	Applesauce
		Water	Water	Water	Water	Water
<p>Dear Parents, All vendor kitchens are certified through the City of Boston's Allergen Awareness program. No peanut oil or tree nuts are used in the preparation of any of our lunch items. While our centers endeavor to create a nut free environment for your children, meals are prepared in a kitchen that use peanuts and tree nuts in "outside menu" items. Therefore, Tartts <u>cannot</u> guarantee the above menu items are 100% nut free. Please inform us of any allergies.</p>						



MILK



WHEAT



EGGS



SOY



FISH