



TARTTs™

Childcare Excellence since 1946

infants • toddler • preschool

Menu

WEEK:

Yummy

Breakfast*

- Milk
- Kix
- Rice Krispies
- Special K
- Raisin Bran
(Toddlers & preschoolers only)

*Based on stock and availability

Lunch

ENTRÉE INGREDIENTS

ALLERGENS

MONDAY



CHICKEN SAZON

- White Rice
- Wheat Roll
- Milk

Chicken thighs, tomato sauce, Adobo seasoning (lightly salted, black pepper, garlic, oregano and other spices) Jasmine rice and mixed frozen vegetables.

Soy, Dairy & Wheat



TUESDAY



BEEF AMERICAN CHOP SUEY

- Mixed Vegetables
- Wheat Roll
- Milk

Ground beef, onions, peppers, celery and marinara sauce, mixed frozen vegetables.

Soy, Dairy & Wheat



WEDNESDAY



BAKED CHICKEN WITH MASH POTATOES

- Mixed Vegetables
- Wheat Roll
- Milk

Chicken thighs, seasonings, potatoes, butter and lightly salted.

Dairy & Wheat



THURSDAY



MAC & CHEESE

- Green Beans
- Wheat Roll
- Milk

Cheese sauce (Cheddar cheese, milk, lightly salted and pepper) and elbow noodles.

Soy, Dairy & Wheat



FRIDAY



BEEF MEATBALLS W/ PENNE

- Mixed Vegetables
- Wheat Roll
- Milk

Ground beef, breadcrumbs, eggs, and seasonings with penne pasta and mixed frozen vegetables.

Soy



(Pasta cannot be separated from Entrée (mixed))

Lunch Desserts & Afternoon Snack options*

- Applesauce
- Yogurt
- Water
- Sliced Peaches
- Mixed Fruit

*Based on stock and availability

ADDITIONAL MENU NOTIFICATIONS

Whole Grain Snacks are often used to supplement Fruit, Applesauce and Yogurt menu items for children. Items can include: Goldfish Crackers, Cheezits, Goldfish Graham Crackers, Teddy Grahams. (Varied Availability).

Dear Parents,

All vendor kitchens are certified through the City of Boston's Allergen Awareness Program. No peanut oil or tree nuts are used in the preparation of any of our lunch items. While our centers endeavor to create a nut free environment for your children, meals are prepared in a kitchen that use tree nuts in "outside menu" items. Therefore, TARTTs cannot guarantee the above menu items are 100% nut free. Please inform us of any Allergies.